

**Pooled Week 48 efficacy and safety results from  
ECHO and THRIVE, two double-blind,  
randomised, Phase III trials comparing TMC278  
versus efavirenz in treatment-naïve,  
HIV-1-infected patients**

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# Background

- **TMC278 (rilpivirine), a new NNRTI, has**
  - **potent anti-HIV-1 activity ( $EC_{50} = 0.3\text{ng/mL}$ )<sup>1</sup>**
  - **no teratogenicity in preclinical studies<sup>2</sup>**
  - **half-life of  $\approx 45$  hours<sup>3</sup>**
- **Phase IIb study<sup>4</sup> in treatment-naïve, HIV-1 patients showed TMC278 25mg once daily (qd) had**
  - **sustained efficacy similar to TMC278 75mg or 150mg qd or EFV 600mg qd**
  - **generally better tolerability than EFV**

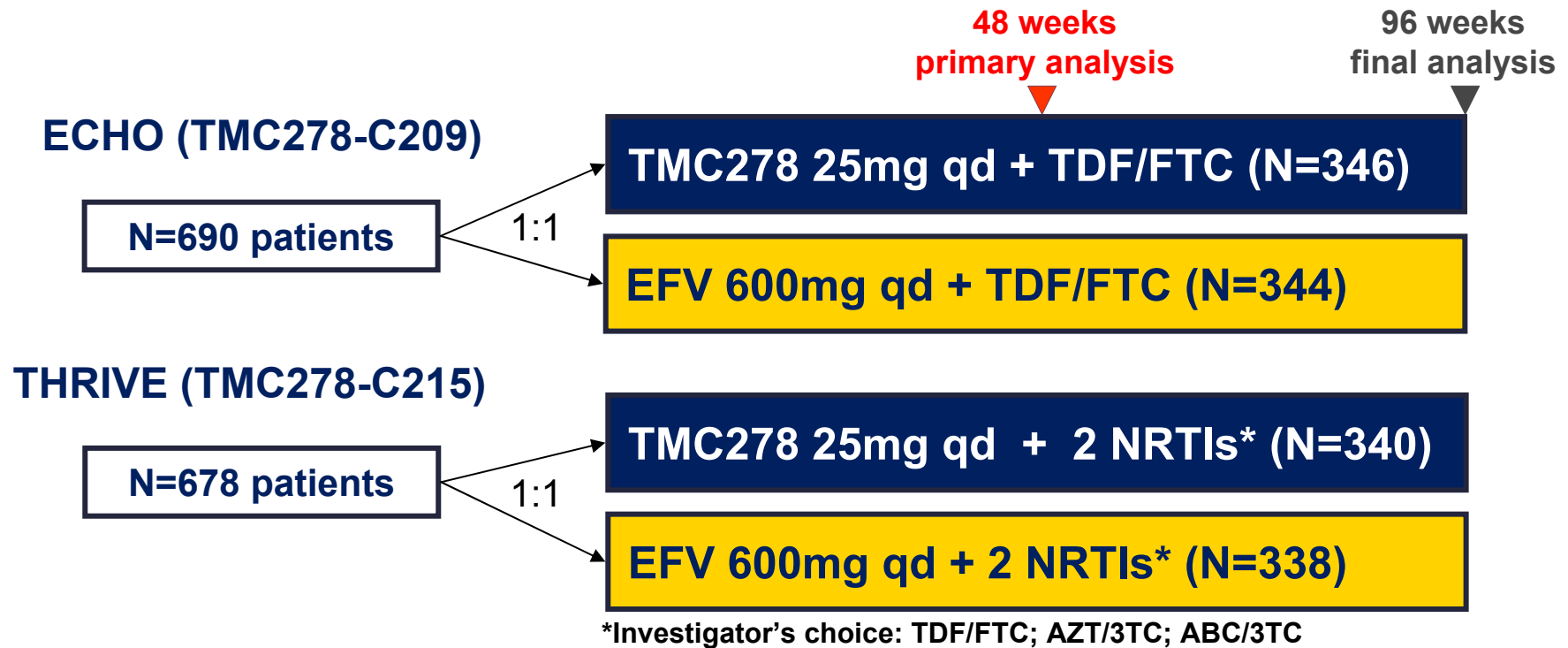
<sup>1</sup>Azijn H, et al. AAC 2010;54:718–27

<sup>2</sup>Desmidt M, et al. EACS 2009. Abstract PE7.1/4

<sup>3</sup>Goebel F, et al. AIDS 2006;20:1721–6

<sup>4</sup>Pozniak A, et al. AIDS. 2010;24:55–65

# ECHO and THRIVE: Double-Blind trial designs



- **Main inclusion criteria:** viral load (VL)  $\geq 5000$  c/mL; no NNRTI RAMs<sup>†</sup>; sensitivity to the NRTIs<sup>‡</sup>
- **Primary objective:** demonstrate non-inferiority (12% margin) vs. EFV in confirmed virologic response (VL  $<50$  c/mL, ITT-TLOVR) at Week 48
- **Stratification factors:** screening VL and NRTI background (THRIVE only)

<sup>†</sup>From 39 NNRTI RAMs based on list of 44<sup>1</sup>

<sup>‡</sup>Determined using virco<sup>®</sup>TYPE HIV-1 test

ITT = intent-to-treat; TLOVR = time-to-loss of virologic response  
Pooled analyses were preplanned

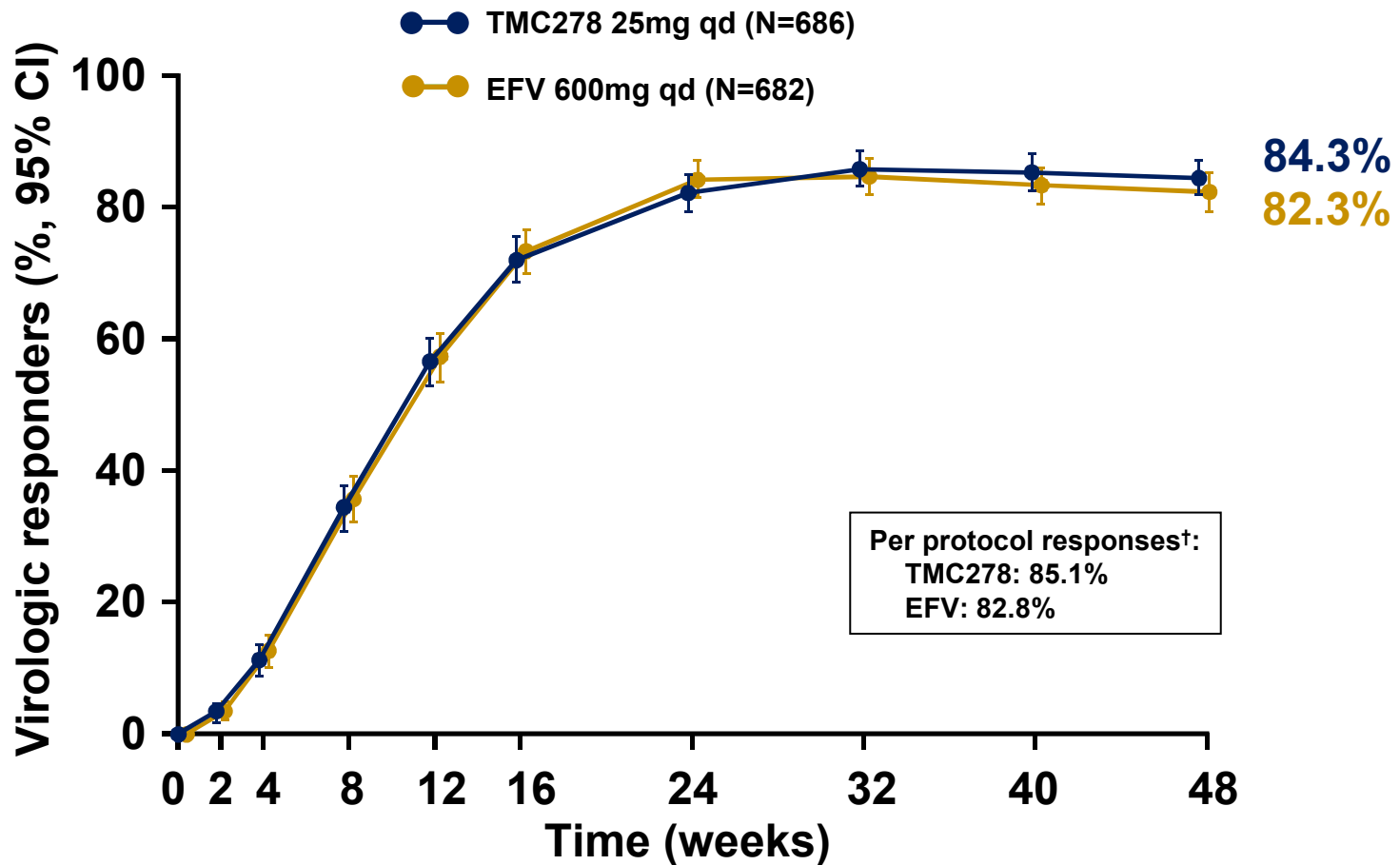
<sup>1</sup>Tambuyzer L et al. Antivir Ther 2009;14:103–9  
Cohen C, et al. XVIIIth IAC 2010; Abstract THLB206

# Pooled ECHO and THRIVE: demographics and baseline characteristics

Baseline parameter	TMC278 N=686	EFV N=682
Female, %	25	24
Median age, years	36	36
Race, %		
Caucasian	61	60
Black	24	23
Asian	11	14
Other races/not allowed to ask	3	3
Median log <sub>10</sub> VL, copies/mL (min–max)	5 (2–7)	5 (3–7)
Baseline VL copies/mL, % >100,000	46	52
Median CD4 cells/mm <sup>3</sup> (min–max)	249 (1–888)	260 (1–1,137)
Hepatitis B or C co-infection, %	7	9

- **Demographics and baseline characteristics were well-balanced between treatment groups within each trial**
- **Background regimen (THRIVE) was balanced between treatment groups**
  - TDF/FTC 60%; AZT/3TC 30%; ABC/3TC 10%

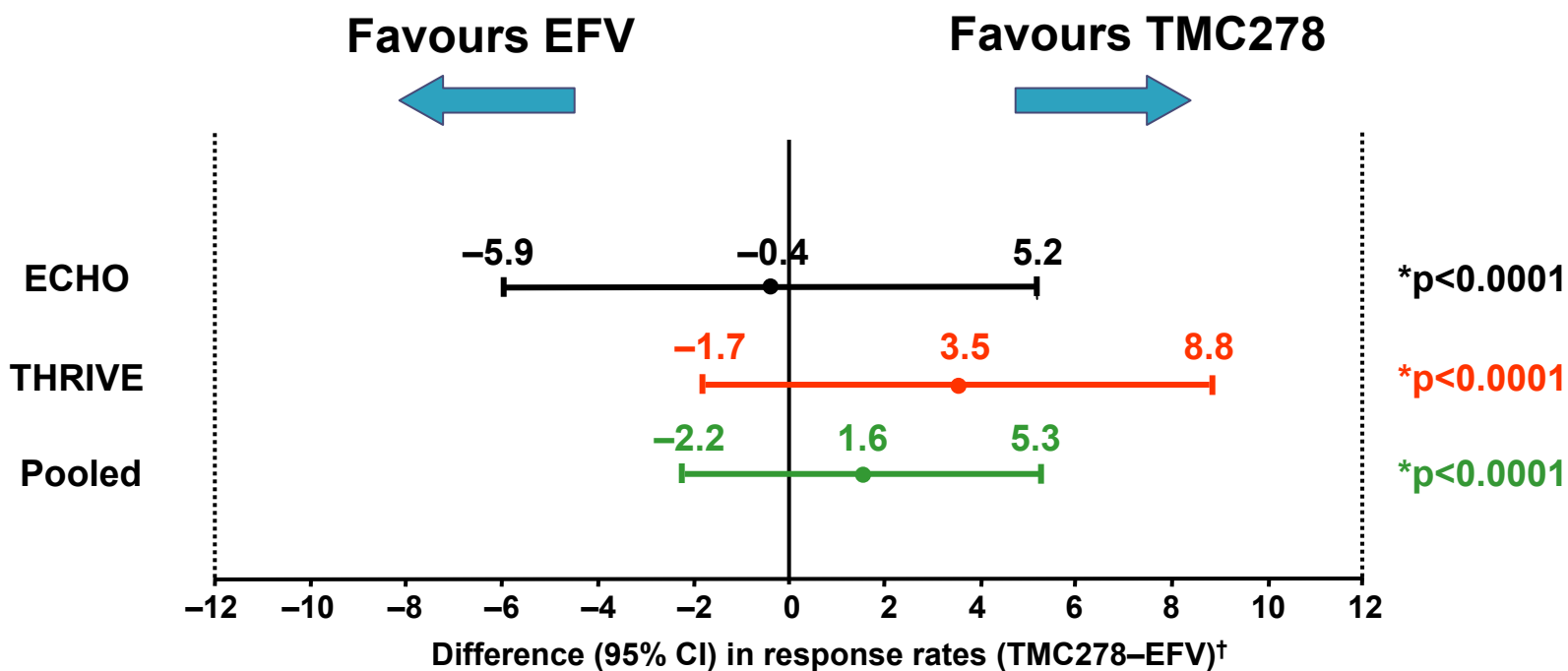
# Pooled ECHO and THRIVE: VL <50 copies/mL over 48 weeks (ITT-TLOVR)



- Mean change in CD4 cell count from baseline at Week 48 (NC=F<sup>‡</sup>):  
TMC278: +192 vs. EFV: +176 cells/mm<sup>3</sup>

CI = confidence interval; <sup>†</sup>Excluding major protocol violators; <sup>‡</sup>missing values after discontinuation imputed with change = 0; LOCF otherwise  
Cohen C, et al. XVIIIth IAC 2010; Abstract THLB206

# ECHO and THRIVE: difference in response rates VL <50 copies/mL (ITT-TLOVR)



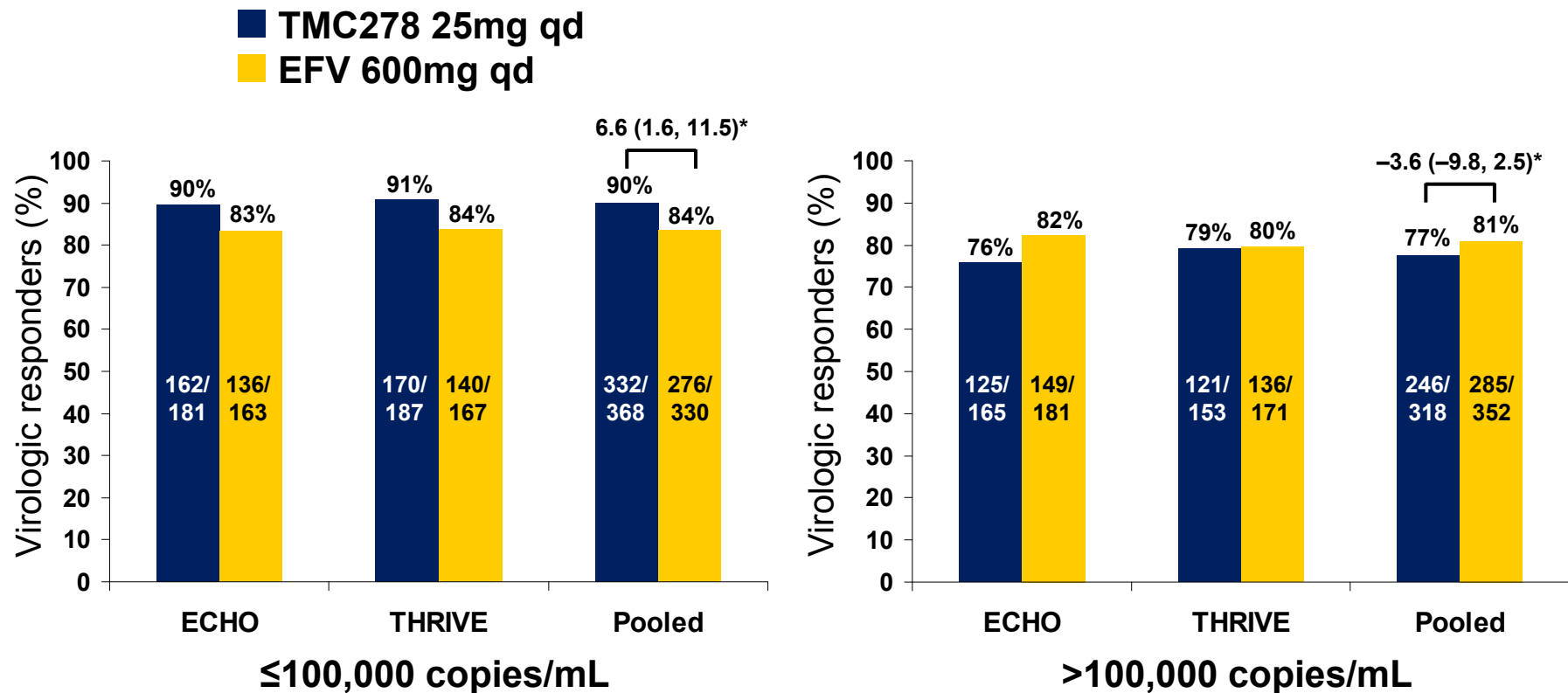
\*p-value for non-inferiority at 12% margin; <sup>†</sup>Estimated by logistic regression adjusted for stratification factors

# ECHO and THRIVE: ITT-TLOVR outcome at Week 48

Outcome at Week 48†, %	Pooled		ECHO		THRIVE	
	TMC278 N=686	EFV N=682	TMC278 N=346	EFV N=344	TMC278 N=340	EFV N=338
VL <50 copies/mL	84.3	82.3	82.9	82.8	85.6	81.7
Virologic failure‡	9.0	4.8	11.0	4.4	7.1	5.3
– Rebounder	3.5	2.2	4.6	2.3	2.4	2.1
– Never suppressed	5.5	2.6	6.4	2.0	4.7	3.3
Discontinued due to AE	2.0	6.7	1.7	7.3	2.4	6.2
Discontinued for other reasons§	4.5	5.7	4.3	5.5	4.7	5.9
Death	0.1	0.4	0	0	0.3	0.9

†Analysis performed up to Week 48; ‡Determined by TLOVR in the ITT population: confirmed response before Week 48 and confirmed rebound (rebounders) at or before Week 48, or no confirmed response before Week 48 (never suppressed); §Lost to follow-up, non-compliance, withdrew consent, ineligible to continue, sponsor's decision; AE = adverse event

# ECHO and THRIVE: VL <50 copies/mL by baseline VL (ITT-TLOVR)



- NRTI background had no effect on virologic response
- No differences between treatment groups in virologic response by gender, region or race

\*Difference in response rates (95% CI)



# Pooled ECHO and THRIVE: summary of resistance findings

	<b>TMC278 N=686</b>	<b>EFV N=682</b>
<b>Virologic failure with resistance data, n</b>	<b>62</b>	<b>28</b>
<b>No NNRTI<sup>1</sup> or NRTI<sup>2</sup> RAMs</b>	<b>29%</b>	<b>43%</b>
<b>Emergent<sup>†</sup> NNRTI<sup>1</sup> RAMs</b>	<b>63%</b>	<b>54%</b>
– Most frequent NNRTI RAM	<b>E138K</b>	<b>K103N</b>
<b>Emergent<sup>†</sup> NRTI<sup>2</sup> RAMs</b>	<b>68%</b>	<b>32%</b>
– Most frequent NRTI RAM	<b>M184I</b>	<b>M184V</b>

- **31/62 (50%) of TMC278 failures were phenotypically resistant to TMC278**
  - **Of these, 90% were phenotypically cross-resistant to etravirine**

Virologic failure determined in the ITT population with all available data, regardless of time of failure and reason for discontinuation, n: TMC278 = 72 and EFV = 39

<sup>†</sup>At least one emergent NNRTI<sup>1</sup> or NRTI<sup>2</sup> RAM

<sup>1</sup>Tambuyzer L et al. Antivir Ther 2009;14:103–9

<sup>2</sup>Johnson VA et al. Top HIV Med 2009;17:138–45  
Cohen C, et al. XVIIIth IAC 2010; Abstract THLB206

# Pooled ECHO and THRIVE: adverse event summary<sup>†</sup>

	<b>TMC278 N=686</b>	<b>EFV N=682</b>	<b>p-value TMC278 vs. EFV</b>
Median treatment duration, weeks	<b>56</b>	<b>56</b>	
Any serious AE, %	<b>7</b>	<b>8</b>	<b>NS</b>
Any AE, %	<b>90</b>	<b>92</b>	<b>NS</b>
Grade 2–4 AE at least possibly related to treatment, %	<b>16</b>	<b>31</b>	<b>&lt;0.0001</b>
Discontinuations due to AEs, %	<b>3</b>	<b>8</b>	<b>0.0005</b>
<b>Most common AEs of interest,<sup>§</sup> %</b>			
Any neurological AE	<b>17</b>	<b>38</b>	<b>&lt;0.0001<sup>‡</sup></b>
Dizziness	<b>8</b>	<b>26</b>	<b>&lt;0.0001<sup>‡</sup></b>
Any psychiatric AE	<b>15</b>	<b>23</b>	<b>0.0002<sup>‡</sup></b>
Abnormal dreams/nightmares	<b>8</b>	<b>13</b>	<b>0.0061<sup>‡</sup></b>
Rash (any type)	<b>3</b>	<b>14</b>	<b>&lt;0.0001<sup>‡</sup></b>

NS = non significant; <sup>†</sup>Safety analyses performed using all available data, including beyond Week 48; <sup>‡</sup>Fisher's Exact test, predefined analysis for these AEs; <sup>§</sup>Well-described AEs associated with current NNRTIs at least possibly related to treatment and observed in ≥10% of patients in either group (all grades)

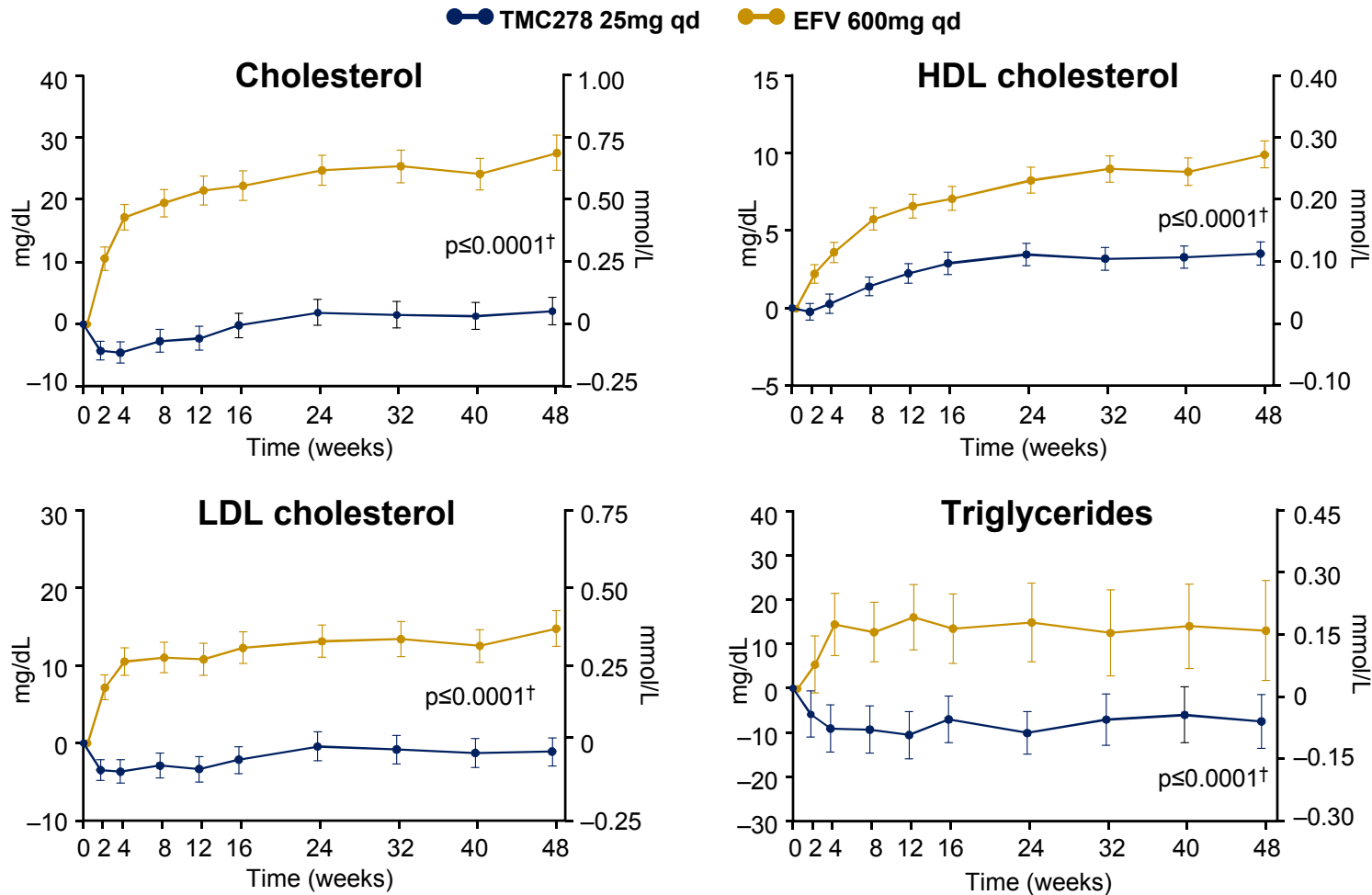
# Pooled ECHO and THRIVE: grade 3 or 4 laboratory abnormalities

Incidence, %	TMC278 N'=685	EFV N'=670	p-value TMC278 vs. EFV
Any grade 3 or 4 laboratory abnormality	10.9	17.6	≤0.001
Increased:			
Alanine aminotransferase (ALT)	1.5	3.4	<0.05
LDL cholesterol <sup>†</sup>	0.7	4.1	<0.0001
Triglycerides <sup>†</sup>	0.3	2.2	≤0.001
Total cholesterol <sup>†</sup>	0.1	2.5	<0.0001

Worst grade, treatment-emergent events occurring in ≥2% of patients in either group and showing statistically significant differences between treatment groups by Fisher's Exact test, post-hoc analyses; N' = number with available test results; <sup>†</sup>Lipid samples taken fasting

- **Minimal change in mean serum creatinine in both groups (TMC278 <0.1 and EFV 0 mg/dL)**
  - change in TMC278 group likely related to changes in tubular secretion of creatinine (based on cystatin C results)
  - no grade 3 or 4 creatinine increases with TMC278
  - no discontinuations due to renal AEs or cases of acute renal failure
- **No difference in change in QTc interval between TMC278 and EFV groups**

# Pooled ECHO and THRIVE: mean ( $\pm 95\%$ CI) change from baseline in lipids



• No difference between groups in total cholesterol/HDL-C ratio at Week 48

†p value vs. EFV at Week 48 (non-parametric Wilcoxon rank-sum test)

# Phase III Conclusions at Week 48

- **TMC278 25mg once daily demonstrated a high response rate**
  - TMC278 84.3% vs. EFV 82.3% <50 copies/mL
  - TMC278 was non-inferior to EFV in each trial
- **Rate of virologic failure: TMC278 9.0% vs. EFV 4.8%**
  - Difference in VF rates smaller in THRIVE than in ECHO
- **TMC278 had significant tolerability advantages over EFV:**
  - Lower rate of discontinuations due to AEs
  - Half the incidence of grade 2–4 AEs<sup>†</sup> (16% vs. 31%)
  - Lower rates of dizziness, abnormal dreams/nightmares and rash
  - Fewer grade 3/4 lipid abnormalities
- **TMC278 was efficacious and well tolerated in a large and diverse group of treatment-naïve patients**

**A single tablet regimen with TDF/FTC is under development<sup>1</sup>**

<sup>†</sup>At least possibly related to treatment

<sup>1</sup>Mathias A et al. XVIIIth IAC 2010; Abstract LBPE17  
Cohen C, et al. XVIIIth IAC 2010; Abstract THLBB206

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